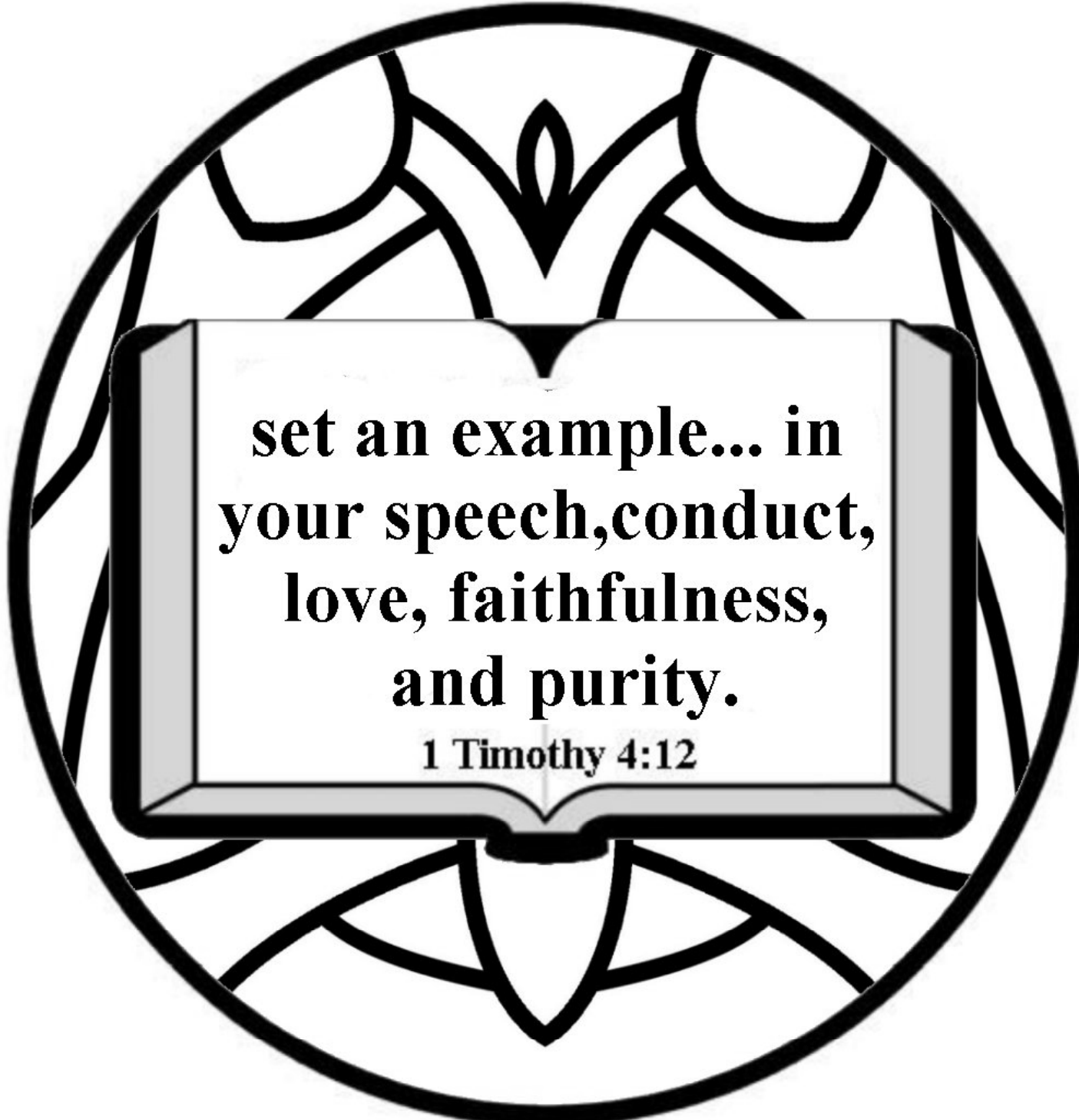


**Playing Frisbee is good practice  
for sharing God's word.**

**Aim at the heart not the head.**

**Wait till you have your friends attention.**

**Don't throw too hard.**



**set an example... in  
your speech, conduct,  
love, faithfulness,  
and purity.**

**1 Timothy 4:12**